

## Founder – Rebecca Jaeger

Rebecca Jaeger grew up on the race track.

Motorsport was not a hobby — it was part of her upbringing. Watching her father race,

she learned that racing is not just speed. It is preparation. Precision.

Respect. Accountability. Family.

Rebecca is a 3× Australian National Softball Champion and represented New South Wales State in 1985, 1986 and 1988.

In 1987 she was sidelined for six months due to glandular fever, an experience that strengthened her discipline and deepened her understanding of elite preparation.

Long-term health challenges later in life forced her to step away from physical performance — but not from growth.

During extended periods of being bedridden, Rebecca chose to study.

She completed a Degree in Sports and Performance and a Diploma in Life Coaching

while managing chronic pain, strengthening her understanding of how mental toughness is built

through discipline, structure and responsibility.

TeamPhoenix811 was created as a disciplined motorsport platform grounded in authenticity.

Through it, Rebecca built a pathway to support The Phoenix Rising Foundation LTD —

developing holistic retreats that build structure, skill and identity for

They have carried what was never theirs to hold. Here, it can be set down.

veterans,  
first responders, military personnel and young people seeking direction  
and renewal.

Mental toughness is built.

Character is forged.

Legacy is intentional.

“Rome wasn’t built in a day — neither is a broken spirit.”

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